

**Emotional Vocabulary to be used whenever appropriate.**

	KS1			LKS2		UKS2	
	Foundation Stage	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Happy	Happy	Cheerful	Overjoyed	Comfortable	Amused	Ecstatic	Elated
Sad	Sad	Unhappy	Upset	Glum	Miserable	Downhearted	Forlorn
Angry	Angry	Cross	Annoyed	Outraged	Outraged	Irate	Incensed
Guilty/Ashamed	Sorry	Sorry	Uncomfortable	Forgiving	Embarrassed	Regretful	Remorseful
Empathetic	Kind	Caring	Thoughtful	Generous	Considerate	Compassionate	Altruistic
Calm	Calm	Relaxed	Peaceful	At ease	Mellow	Serene	Tranquil
Excluded	Left out	Left out	Lonely	Isolated	Ignored	Excluded	Alienated
Empowered	Confident	Positive	Able	Motivated	Assertive	Resilient	Empowered
Motivated	Ready	Keen	Focused	Energised	Enthusiastic	Committed	Inspired