

WEEK 3

W/C: 13/11, 04/12, 01/01, 22/01, 19/02, 11/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza Served with Potato Wedges	Beef Lasagne Served with Garlic and Herb Bread	Roast Turkey Served with Roast Potatoes and Gravy	Sausage and Mash Served with Gravy	Breaded Fish Fingers Served with Chips
	Chilli No Carne with Crispy Tortilla Served with Wholegrain Rice	Cauliflower Macaroni Cheese Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables Served with Wholegrain Rice	Crispy Quorn Nuggets Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Strawberry Jelly	Magic Apple and Cinnamon Bake	Banana Cake	Pineapple Upside Down Cake with Custard	Strawberry Frozen Yoghurt

PACKED LUNCH AVAILABLE
Ham or Cheese Sandwich available daily with Veg Sticks & finished with Fresh Fruit or Dessert of the day

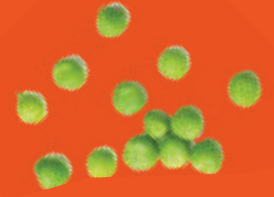
THREE WEEK MENU

AUTUMN/WINTER 2023

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN



YOUR
FAVOURITES
AVAILABLE
EVERY DAY



Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1

W/C: 30/10, 20/11, 11/12, 08/01, 29/01, 26/02, 18/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza ♻️ Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Turkey Served with Roast Potatoes and Gravy	Beef Bolognese 🍷❤️ Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Stir Fried Vegetable Rice ♻️ 🍷❤️	Vegetarian Burger ♻️ Served with Potato Wedges	Vegetarian Pastry Roll ♻️ Served with Roast Potatoes and Gravy	Vegetarian Bolognese ♻️ 🍷❤️ Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets ♻️ Served with Chips
JACKET POTATO	Jacket Potatoes ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♻️ with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♻️ with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌿					
All main meals are served with two vegetables					
DESSERT	Vanilla Ice Cream	Crispy Crackle Bar with Fruit 🍌	Banana Cake 🍌	Original Flapjack	Beetroot Brownie

PACKED LUNCH AVAILABLE
Ham or Cheese Sandwich available daily with Veg Sticks & finished with Fresh Fruit or Dessert of the day

WEEK 2

W/C: 06/11, 27/11, 18/12, 15/01, 05/02, 04/03, 25/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Cheese and Tomato Pizza ♻️ Served with Potato Wedges	Turkey Con Chilli 🍷❤️ Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake 🍷❤️ Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Sweet Potato Curry ♻️ 🍷❤️ Served with Wholegrain Rice	Macaroni Cheese ♻️	Cheesy Leek and Carrot Crumble ♻️ ❤️ Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake ♻️ 🍷❤️ Served with Garlic and Herb Bread	Crispy Quorn Nuggets ♻️ Served with Chips
JACKET POTATO	Jacket Potatoes ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♻️ with a choice of hot and cold fillings	Jacket Potatoes ♻️ with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌿					
All main meals are served with two vegetables					
DESSERT	Strawberry Ice Cream	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake 🍌	Apple Crumble with Custard 🍌

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish 🍷 Wholegrain 🍌 Fruity! ❤️ Nutritionist's Choice