



Corsham Primary School

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Pickwick
Academy Trust

15 December 2023

Dear Parents and Carers,

Wellbeing Update 😊

We would like to update you further on our developments with regards to supporting the emotional health and wellbeing of our whole school community.

As you know, we have chosen to be a part of the Wellbeing Award for Schools programme, which is specifically designed to support further development in this area for the whole school community: children, carers/parents and staff.

Here is an update of some of what we have developed over the past year:

- A survey written by Wellbeing for Schools developer Optimus, in partnership with the National Children's Bureau has been completed by all stakeholders: the community, the children and the staff. The survey link is included on the email
- More information about this award can be found here: [WAS - Wellbeing Award for Schools | AwardPlace](#)
- A wellbeing vision has been written and is included in our website
- We have more ELSA trained TAs (Emotional Literacy and Support Assistants) and Sandtray Therapists to work with children who need support with their emotional wellbeing which you can find out more about here:
<https://www.corshamprimary.co.uk/page/?title=Wellbeing+at+Corsham+Primary+School&pid=113>
- There are many support groups such as Outdoor Explorers, the Nurture Room and Gardening Club all of which benefit children in different ways. Details of our
- Following the surveys, SWOT analysis (strengths, weaknesses, opportunities, threats) were carried out with all teams, including the Wellbeing Advocates who represent the parents. Action plans were written following the results of the above.
- We have a Wellbeing Advocates team, who are working together to support our children, community and staff. To find out who they are, follow this link to our updated website: [Corsham Primary School - Wellbeing Advocates](#)
- The website has been updated to include a detailed page on Wellbeing, including our Wellbeing Vision and how we support our community. Find out more here: [Corsham Primary School - Wellbeing](#)
- School Council have led an initiative to give an overarching name to all the children who support us in school: Peer Mediators, Listening Friends, School Council, Eco Buddies, Playground Buddies, Digital Leaders and Sports' Leaders. All the children had a vote and the winning name was the Super School Supporters. Find out more here:
<https://www.corshamprimary.co.uk/page/?title=Child+Led+Wellbeing+Groups&pid=114>

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- School Council are working on providing an additional quiet space for lunchtimes to cater for children who may benefit from this.
- Staff have been trained on the RULER approach to emotional well-being. They have begun to discuss aspects of this in class and this will be developed further.
- Ways of tackling workload has been discussed and implemented within the staff team.
- Work on the school calendar has continued to spread key events for staff during the year in order to avoid overload.
- Team building activities were included in our Training Day with sandtray therapist Matthew Hemson – all of which can also be used with the children in class.
- The Schools Advisory Service, who support physical and mental wellbeing, has been in place to support staff for many years. However, the many services they offer have been researched and explained fully to staff to ensure all are aware of what is on offer.
- An overview to explain communication at CPS has been developed, as suggested by our parent Advocates. This was emailed out and has been added to the school website.
- Last week we had Children Running the School day. This follows on from election week for the year five children, who then when in year six, run the school for a day according to their manifesto. The focus for the political parties was Health and Wellbeing this year. As a result, the children had a wellbeing day which was run by the winning party.

We really appreciate any other thoughts you may have to add to our working groups. Please email the school offices at Broadwood or Pound Pill if you have anything further to add to this process.

Thank you.

Yours faithfully,

The Wellbeing Advocates